

Susun Weed ~ 2021 ~ Green Blessings!

(845-246-8081) PO Box 64 Woodstock NY 12498 Register at www.wisewomanbookshop.com
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April 6: Shamanic Herbal **Apprentices**, Early Spring Group begins

April 10-11: *Work-exchange Weekend*

April 23: *Moonlodge*

April 24: **Hands-on Spring Tonics:** Make nettle soup and a wild salad; find brassicas, alliums, sweet birch

April 25: **Woodland Wonders:** Meet ramps, coptis, dwarf ginseng, bloodroot, hepatica.

May 8-9: *Work-exchange Weekend*

May 11: Shamanic Herbal **Apprentices**, Late Spring Group begins

May 14: *Moonlodge*

May 15: **Herbal Pain Relief:** CBD, skullcap, poppies, St. Joan's wort, arnica, meditation, sweet clover

May 16: **Hands-on Antiviral Herbs:** Elder and other green blessings to deal with viral threats

May 29:-30-31: *Work-exchange Weekend*

June 4: *Moonlodge*

June 5: **Hands-on Tree Medicines:** White pine, the great Oak, Slippery elm

June 6: **More Tree Medicines:** The gifts of Birch, Maple, Ash, Rowan

June 15: Shamanic Herbal **Apprentices**, Early Summer Group begins

June 19-20: *Work-exchange Weekend*

June 25: *Moonlodge*

June 26: **Hands-on: The Great Remedies:** Identify, harvest, prepare and use the greatest herbal remedies.

June 27: **Herbs for A Healthy Heart**

July 8-11: Green Witch Holiday

July 9: *Moonlodge*

July 17-18: *Work-exchange Weekend*

July 23: *Moonlodge*

July 24: **Talking with Plants:** Medicine Wheel of Plant Uses, Doctrine of Signatures, Five Questions

July 25: **More Hands-on Great Remedies:** Identify, harvest, prepare and use great herbal remedies

July 31 -August 1: *Work-exchange Weekend*

August 2-8: **Green Goddess Apprentice Week**

August 6: *Moonlodge*

August 10: Shamanic Herbal **Apprentices**, High-Summer Group begins

August 14-15: *Work-exchange Weekend*

August 20: *Moonlodge*

August 21: **Hands-on Holy Ferment:** Taste and make herbal wines, lacto-fermented sauerkraut, yogurt, and more

August 22: **Adaptogens:** Think better, live longer, feel great, adopt adaptogens

August 28-29: *Work-exchange Weekend*

September 10: *Moonlodge*

September 11: **Great Remedies of the Autumn:** Mullein, poke berries, antibacterial mints, much mor

September 12: **Hands-on Magical Plants:** Visionary herbs, dream pillows, flying oils, love potions

September 14: Shamanic Herbal **Apprentices**, Autumn Group begins

September 18-19: *Work-exchange Weekend*

October 1: *Moonlodge*

October 2: **Hands-on Seed Gathering:** Amaranth, lamb's quarter, plantain, mustard, many more

October 3: **Mind-Bending Plants:** Magic mushrooms, psychedelic mints, deadly nightshades

October 9-10: *Work-exchange Weekend*

October 22: *Moonlodge*

October 23: **Hands-on Dig Roots:** Burdock, dandelion, yellow dock, teasel, Japanese knotweed, chicory, thistle

October 24: **Fend Off Winter Woes:** Prevent and treat colds, flus, coughs, fevers

Work-exchange Weekends: **November 6-7 & November 20-21 & December 4-5**

November 10-17: Healing Retreat in Costa Rica