

Susun Weed ~ 2023

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Register for classes at www.wisewomanbookshop.com

Sign up at wisewomanmentor.com to receive notification of my virtual teaching appearances

April 4: Shamanic Herbal **Apprentices**, Early Spring Group begins (application required)

April 7: *Moonlodge*

April 8-9: *Work-exchange Weekend*

May 5: *Moonlodge*

May 6: **Spring Tonics Hands-on:** Make nettle soup and a wild salad; find brassicas, alliums, sweet birch

May 7: **Spring Wonders Hands-on:** Meet ramps, coptis, dwarf ginseng, bloodroot, hepatica, and more

May 16: Shamanic Herbal **Apprentices**, Late Spring Group begins

May 20-21: *Work-exchange Weekend*

* May 26-28: **Midwest Women's Herbal Conference** - in person - ww.midwestwomensherbal.com

June 2: *Moonlodge*

June 3: **Herbal Pain Relief:** CBD, skullcap, poppies, St. Joan's wort, arnica, meditation, sweet clover

June 4: **Herbal Sleep Solutions Hands-on:** Meet valerian, skullcap, California poppy, ashwaganda

June 10-11: *Work-exchange Weekend*

June 20: Shamanic Herbal **Apprentices**, Early Summer Group begins

June 23: *Moonlodge*

June 24: **Herbal Anti-infectives Hands-on:** Get tough with echinacea, usnea, yarrow, and poke

June 25: **Chronic Problems the Wise Woman Way:** Breathe better, digest better, think better, feel better, be better

July 1-2-3: *Work-exchange Weekend*

July 6-9: **Green Witch Holiday**

July 7: *Moonlodge*

July 29-30: *Work-exchange Weekend*

July 31-August 6: **Green Goddess Apprentice Week**

August 4: *Moonlodge*

August 8: Shamanic Herbal **Apprentices**, Late Summer Group begins

August 19-20: *Work-exchange Weekend*

August 25: *Moonlodge*

August 26: **Magical Plants Hands-on:** Visionary herbs, dream pillows, flying oils, love potions

August 27: **The Great Remedies Hands-on:** Identify, harvest, prepare and use the greatest herbal remedies.

September 2-3-4: *Work-exchange Weekend*

September 12: Shamanic Herbal **Apprentices**, Autumn Group begins

September 23-24: *Work-exchange Weekend*

September 29: *Moonlodge*

September 30: **Mind-Bending Plants Hands-on:** Magic mushrooms, psychedelic mints, deadly nightshades

October 1: Holy Ferment Hands-on: Taste and make herbal wines, lacto-fermented sauerkraut, yogurt, and more

October 14-15: *Work-exchange Weekend*

October 27: *Moonlodge*

October 28: **Seeds & Roots Hands-on:** Amaranth, lamb's quarter, plantain, burdock, yellow dock, and so many more

October 29: **Adaptogens Hands-on:** Think better, live longer, feel great, adopt adaptogens

November 4-5: *Work-exchange Weekend*

November 18-19: *Work-exchange Weekend*

December 2-3: *Work-exchange Weekend*

Green Blessings!